

Carolina Country

May 1980

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An Oasis In The Wilderness
See Story, Page 18

Toward A Lighter Paperwork Burden

Shortly before the Commission on Federal Paperwork issued its 520 recommendations for reducing such paperwork in September, 1977, Americans were spending upwards of 913 million hours per year filling out federal forms.

And that figure didn't even include the estimated 613 million hours spent in keeping up with the Internal Revenue Service's mammoth appetite for information.

In addition, businesses alone were spending about 69 million hours annually, at a cost of more than \$1 billion, to respond to the more than 2,100 U.S. government reporting requirements.

Since the commission's recommendations were issued, the Carter Administration has taken steps which have significantly reduced the national paperwork burden.

Time Required Cut 15%

We're now spending about 786 million hours on the forms, representing a 15 percent cut in the time required. That's equivalent to 75,000 people working full-time for a year, according to President Carter.

Some of the commission's recommendations which have been implemented include:

The shifting of five million taxpayers from the IRS long form to the short one, the scaling down of an Interstate Commerce Commission report required of 13,000 carriers from 70 pages to eight pages, and the exemption of 40,000 small businesses from filling out an Occupational Safety and Health Administration annual

survey — along with reduction in the amount of information that must be provided by those who still must comply.

REA Regulations Reviewed

In the rural electric program, the Rural Electrification Administration is now reviewing its regulations with the goal of reducing the overall paperwork requirements affecting electric co-ops across the country.

Other efforts that are under way include:

- The Office of Management and Budget will administer a budget to control the total burden that agencies may impose on the public.

- An "information locator system" will contain profiles of requests from all agencies for information. Before issuing a new form, each agency must check to see if another agency already gathering the same data.

- Special consideration will be given to reducing the paperwork required of individuals, small governmental units and small businesses.

- Any new reporting requirements will be authorized for only two years and existing requirements will expire after five years, with OMB approval needed for the reports to be continued beyond those periods.

- Public notice and hearings for the affected publics will be required before any significant new reports can be developed.

Legislation Supported

In addition to setting these wheels in motion, President Carter has also endorsed proposed legislation aimed at further reducing the paperwork burden.

All this is welcome news, indeed. But, even if Congress adopts these measures — as we fervently hope it will — a far more difficult task may await the lawmakers when they turn their attention to other business.

As Sen. Lawton Chiles (D.-Fla.), one of the co-sponsors of the legislation said: "Clearly, the first priority is for the Congress to discipline itself."



Illustration by Cameron Gerlach, reprinted with permission from the February issue of Association Management, published by the American Society of Association Executives.

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"More Than Choosing A Roof"

Huge old trees stand in straight lines between the street and sidewalk. Gnarled limbs make a canopy of deep summertime shade against a blue sky floating puffy whipped cream clouds. Children play on the sidewalks and in the yards, while grownups sit on porch swings, trading drawled comments back and forth about the day's happenings. Sometimes everyone meets for a covered dish supper: chicken pastry, sweet potatoes, collards, banana pudding.

These are not memories from a senior citizen's past but present-day scenes in a rejuvenating neighborhood — the Higgs neighborhood in Greenville.

Approximately 100 years old, the 50 block area of Higgs was originally considered a "good" part of town — until the early 1950's when East Carolina University entered a boom period of growth on the other side of the city, triggering a pattern of development towards the east, and away from Higgs.

An Lucky Neighborhood

But Higgs has been luckier than most decaying neighborhoods. The decision made in the early 1970s to locate a new medical complex nearby renewed interest in the neighborhood. A few energetic people began working together then to salvage the area — people like Donna Whitley and her artist husband, Kasem Sebti. The couple bought one of the old houses and rented a house around the corner to live in while they renovated. They have been working on the house for about three years now — doing all the

work themselves. They helped to form the Higgs Neighborhood Association which, among other things, represents the area before the city council. The Association has lobbied successfully for new street lights, paved streets, new water lines and a \$10,000 grant for a new park.

Claims 300 Families

Now there are about 300 families living in Higgs — a mixture of ages, races and incomes. About 30 percent are homeowners, and many of these have taken advantage of FHA loans and other government funds either to build new houses in the area or to renovate older ones.

People buying the older houses have discovered treasures of workmanship and materials which would be nearly impossible to afford in a new home today — features like thick oak plank floors, large rooms, heavy sills and rafters and deep front porches with room enough for flowers and swings.

Like a small village, the area is a pleasant mixture of businesses and homes. The businesses include restaurants — gourmet dining in an elegantly restored Victorian home, and a small family-owned deli serving home style meals — a dentist, a craftsman's cooperative, small grocery stores and a coalition of local artists and musicians. Donna Whitley points out that the neighborhood is also within easy walking distance of East Carolina University, two libraries, an elementary school, the new hospital and several churches.

Roxy Theatre Renewed

One of the most exciting enterprises in Higgs now is the renewal of the Roxy Theatre, which began life in the days of segregation as the black movie theatre. It was closed during the bitter first days of the civil rights struggles, but has re-opened recently as an "arts" theatre, presenting original plays, stage shows, concerts, poetry readings and arts and crafts shows.

But Higgs' rebirth is not nearly complete. There are still many vacant houses waiting to be bought, for prices ranging from \$10,000 to \$50,000. And

there is growing interest in establishing a new community center.

"Moving into a neighborhood such as Higgs is more than choosing a roof," says Donna Whitley. "It is an investment in the past and the future, a dream with a price tag and a way of life that blends all kinds of people and ages in the traditional manner of our grandparents."

—Margaret E. Bunch
Greenville

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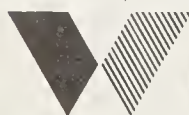
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Five EMCs Awarded Safety Citations

Five of North Carolina's Electric Membership Corporations achieved the distinction during 1979 of receiving full accreditation for their employee safety programs from the National Rural Electric Cooperative Association.

The five were Haywood EMC, Waynesville; Lumbee River EMC, Red Springs; Tideland EMC, Pantego; Halifax EMC, Enfield and Blue Ridge EMC, Lenoir. All were re-accreditations except in the case of Lumbee River, which received its first accreditation.

The first three received their accreditation certificates during a ceremony at the 1980 Annual Meeting of the statewide EMC organization. The others had received their certificates earlier.

EMC Members Take Stands On Issues

The membership of Edgecombe-Martin County Electric Membership Corporation, Tarboro, has adopted resolutions endorsing the use of nuclear power and calling for the streamlining of restrictive federal regulatory procedures.

The resolutions were among the five adopted by the co-op membership during the EMC's recent annual meeting.

Cover Photo Features Ocracoke Lighthouse

Professional photographer Catherine Ursillo produced this shot of Ocracoke's U.S. Coast Guard Lighthouse on assignment for *World* magazine, quarterly publication of Peat, Marwick, Mitchell & Co., New York. We're grateful to Jerry G. Bowles, the magazine's editor, for allowing us to use the color separations of the photo, which originally appeared in *World's* Spring, 1979, issue.

The nuclear position statement noted that the U.S. has enough coal and nuclear energy resources to become energy independent and they should be developed fully. It said nuclear energy is "the safest, most economical method of producing electricity for America's future needs."

In addressing the regulatory issue, the resolution said too much government regulation "adversely affects production and scientific progress" and urged the Tar Heel Congressional delegation to help "limit the authority of federal agencies to issue rules and regulations which restrict private initiative and unnecessarily increase the cost of living."

Other resolutions adopted by the members endorsed the concept of a discounted electric rate for consumers whose homes meet an energy efficiency standard and the effort to bring lower cost power to those areas now served by Virginia Electric and Power Co. energy.

Oops!

Our apologies go to R. V. Knight of Tarboro, who was elected a director emeritus at Edgecombe-Martin County Electric Membership Corporation, Tarboro, during the co-op's annual meeting in March.



The photo which appeared in the April *Carolina Country* along with a story on Knight's election was of Oliver Taylor of Rt. 1, Spring Mill, a director of Rutherford EMC, Forest City.

The photo at left is of Knight, who was on the Edgecombe-Martin County board for 44 years.

Elsewhere in the same issue, Vivian Wright of Wilmington, a Republican candidate for Congress from the Seventh District, was inadvertently identified as a Democrat. She was unopposed in the May primary and will be the Republican Party nominee in the November general election.

Stamp Project Feeds Bangladesh Children

The Extension Homemakers Clubs across North Carolina are collecting used American stamps as part of a statewide project to raise money for the starving children of Bangladesh.

Under this "Food for Stamps" program, the drive has financed nearly 100,000 meals in Bangladesh over the past four years.

The homemakers clubs collect used envelopes and cut out the stamps, which are then boxed and shipped to the Food for Stamps office in the Salvation Army District Headquarters in Louisville, Ky. Volunteers there sort and package the stamps and sell them to foreign stamp dealers. The revenues are used to buy food supplies in Holland for a Bangladesh feeding station.

About 250 stamps buy a meal that costs about 10 cents. With 25,000 stamps, the project can buy milk for 10 Bangladesh children for a full year.

An estimated 3-4 million stamps have been collected in North Carolina for the project, according to a homemakers club official.

For additional information on the project, contact the local N.C. Agricultural Extension offices across the state.

Three EMCs Re-Elect Incumbent Directors

Three Electric Membership Corporations have re-elected 10 incumbent directors for new terms on their Boards of Directors during recent EMC annual meetings. They are:

Wake EMC, Wake Forest—The four incumbent directors who were re-elected are C. Earl Smith of Rt. 5, Oxford; Robert Joe Eddins of Rt. 1, Zebulon; Benjamin L. Husketh of Rt. 1, Creedmoor and John M. Ferrell of Rt. 5, Durham.

Jones-Onslow EMC, Jacksonville—The three incumbent directors who were re-elected are Archie Horne of Rt. 2, Beulaville, president of the

board; Clifton Taylor of Rt. 5, Kinston, vice president and James S. Melton of Rt. 2, Hubert, secretary-treasurer.

South River, Dunn — The three incumbent directors who were re-elected are Kesler C. Butler of Rt. 7, Fayetteville, president of the board; E. E. Fisher of Rt. 1, Stedman and Bynum Johnson of Rt. 1, Godwin, secretary-treasurer. In addition, Butler received a Distinguished Service Award for his 10 years of service to the co-op and the community. He is a charter member of the EMC's board.

Epilepsy Information Available by Phone

The Comprehensive Epilepsy Program at Bowman Gray School of Medicine in Winston-Salem is operating a statewide toll-free telephone information service to make epilepsy information more accessible to the general public.

The phone service is open for calls from 8:30 a.m. until 4:30 p.m. Monday through Friday. The toll-free number is 1-800-642-5000. An answering device is used for after-hours messages.

The Epilepsy Information Service has developed a Central Resource Directory on the illness, which features up-to-date information on the various aspects of seizures, including medical, legal, social and psychological implications.

Hunting Program Proving Popular

A program to increase public hunting opportunities on privately-owned land is proving popular with far Heel hunters and landowners alike, according to N.C. Wildlife Resources Commission officials.

The four-year-old program is known as the "Renewed Emphasis on Environment for Wildlife," or RENEW.

Under it, landowners control who hunts on their land, how many

hunters use the land and for how long. Here's how it works:

Initially, the commission and the landowner sign a cooperative agreement to mark the land in question with official RENEW signs. The landowner is issued hunting permits and hunting on the property is by permit only. In addition, the two parties work to improve wildlife habitat in these areas.

For additional information on the program, contact the commission's Division of Game, Archdale Building, 512 N. Salisbury St., Raleigh, N.C. 27611.

Annual Meetings Set By Two EMCs

Two North Carolina Electric Membership Corporations have scheduled their 1980 annual

meetings during the next several weeks:

- **Blue Ridge EMC**, Lenoir, will hold its annual meeting on June 14 at Watauga High School in Boone. Registration will begin at 8 a.m., with a high voltage safety demonstration set for 8:30 a.m. Entertainment will be provided by the Ted Barton Show of Nashville and Kenny Price of the "Hee Haw" television show. The business meeting will begin at 10 a.m.

- **Piedmont EMC**, Hillsborough, will hold its annual meeting on June 20 at Orange High School in Hillsborough. Registration will begin at 7 p.m., with entertainment to be provided by the Lewis Family of Lincolnton, Ga. The business session will begin at 8 p.m.

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EMC Organization Elects Leadership

Managers of Electric Membership Corporations headquartered in Hertford, Burgaw and Red Springs have been elected to the top leadership posts within North Carolina's statewide organization of electric cooperatives.

Edward E. Brown Jr. of Rt. 1, Hertford, manager of Albemarle EMC, Hertford, was elected president of the N.C. Association of Electric Cooperatives (N.C. AEC). He was a member of the EMC organization's staff for five years before joining Albemarle EMC as manager in 1973. He served as secretary-treasurer of the organization for 1977-79.

L. P. (Bill) Beverage, manager of Four County EMC, Burgaw, was elected president of N.C. EMC, the power supply section of the statewide organization. He had served as vice president for the past year. Beverage, a veteran of 33 years as Four County's manager, has been active in the power supply area on state and national levels for many years.

Derl J. Hinson of Lumberton, manager of Lumbree River EMC, Red Springs, was elected president of Tarheel Electric Membership Association (TEMA), the central purchasing and materials supply operation of the statewide organization. The South Carolina native, who had served as

vice president of TEMA for the past year, has been with Lumbree River EMC since 1974.

N.C. AEC, which encompasses all 28 of the state's EMCs oversees all of the programs carried out by the statewide organization, except power supply and materials supply. They include communication, public relations, governmental affairs, personnel development and job training and safety.

N.C. EMC is a generating and transmission cooperative which will supply power to its member EMCs once its initial generating facilities are acquired. It handles all negotiation with the private power companies regarding contracts for bulk power flowing to the member cooperatives.

TEMA is the central purchasing and materials supply operation which serves as a distributor for various hardware supplies used by the 28 co-ops across the state.

The elections came during the final day of the 198 Annual Meeting of the statewide organization.

Also elected were:

N.C. AEC — Gary Whitener of Rt. 4, Hickory, a director of Rutherford EMC, Forest City, vice president and A. C. Cox Jr. of Rt. 3, Enfield, a director and president of the board of Halifax EMC, Enfield, secretary-treasurer.

N.C. EMC — Donald Rice of Cornelius, manager of Crescent EMC, Statesville, vice president and Marvin C. Marshall, manager of South River EMC, Dunn, secretary-treasurer.

TEMA — Robert G. Hubbard, manager of Brunswick EMC, Shallotte, vice president and Philip L. Wally, manager of Union EMC, Monroe, secretary-treasurer.

In addition, Horace Moore of Snow Hill, a director at Pitt and Greene EMC, Farmville, was re-elected as the North Carolina representative on the Board of Directors of the National Rural Electric Cooperative Association. Moore, who is executive secretary of the North Carolina Firemen's Association, will be serving his fourth term on the national board.

At the close of the Annual Meeting, the three outgoing corporations' presidents were honored for their work on the state level. Awards plaques were presented to Earl Ros of Durham, manager of Piedmont EMC, Hillsborough president of N.C. AEC; Alvin Morton, manager of Jones, Onslow EMC, Jacksonville, president of N.C. EMC and John Browning, manager of Haywood EMC, Waynesville president of TEMA.

Meanwhile, Crescent EMC Manager Donald Rice was also elected chairman of the Rural Electric Action Program Committee (REAP). Serving with him as officers during the coming year will be David Batten, manager of the Whiteville District Office of Brunswick EMC, Shallotte, vice president and Ann Curren, office manager of Wake EMC, Wake Forest, secretary. REAP is the EMCs' statewide political action organization.

In addition, two incumbents and two newcomers were elected to serve on the nine-member Board of Directors of TEMA. The incumbents who were re-elected are Haywood EMC Manager John Browning and Lumbree River EMC Manager Derl J. Hinson. The new members are B. F. Morton, manager of Carteret-Craven EMC, Morehead City, and James T. Ellen, manager of Halifax EMC, Enfield.

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National Rural
Electric Co-
operative Associ-
ation



Horace Moore
Director



About 500 North Carolina rural electric leaders and their guests assembled for the Presidential Banquet at the 1980 Annual Meeting of the statewide EMC organization. U.S. Sen. Robert Morgan, left, delivered the banquet address. Earlier in the day, meeting participants heard speeches by Gov. James B. Hunt Jr., below far left, and Robert Feragen, administrator of the Rural Electrification Administration. Other guest speakers included James Gibson, director of the state energy division, and representatives of Western Fuels, Inc., and the Electric Power Research Institute.

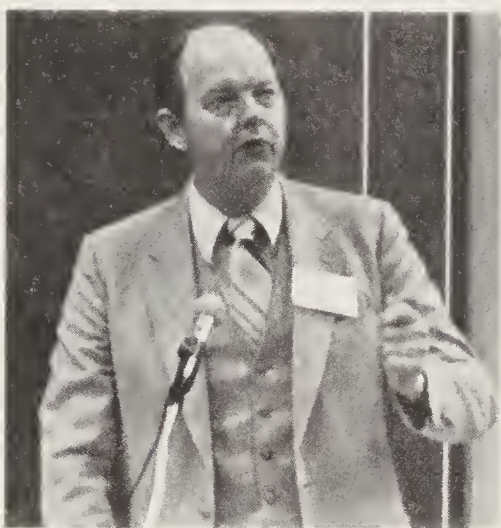
Warren County Woman Gets Committee Post

A Warren County woman who has been active in Electric Membership Corporation women's activities for several years has been elected chairman of the statewide EMC women's organization.

Mamie King of Rt. 1, Warrenton, was elected to the post during the business meeting of the women's organization, which was part of the 1980 Annual Meeting of the statewide EMC program.

A member of the Women's Committee at Halifax EMC, Enfield, she had served as vice chairman of the statewide group for the past two years. She succeeds Maxine Jordan of Clarkton, a member of the Women's Committee at Brunswick EMC, Shallotte.

Also elected were Ann Williamson of Rt. 1, Whiteville, vice chairman and Joy McCall of Rt. 1, Ellerbe, representative on the board of the National Rural Electric Women's Association. Mrs. Williamson is a member of the Brunswick EMC Women's Committee. Mrs. McCall, a member of the Women's Committee at Pee Dee EMC, Wadesboro, is a former chairman of the statewide women's group.



EMC Officials Cited For Service

Three managers and 15 directors from Electric Membership Corporations across the state were cited for their years of service to rural electrification during the 1980 Annual Meeting of the statewide EMC organization.

Each received a certificate of meritorious service.

The managers were B. F. Morton Jr. of Carteret-Craven EMC, Morehead City honored for 30 years' service; Derl J. Hinson of Lumbee River EMC, Red Springs, 10 years' service and Earl Ross of Piedmont EMC, Hillsborough, 15 years' service. The directors honored, listed by EMCs, were:

Albemarle — Archie T. Lane of Rt. 1, Hertford, James Whitehurst of South Mills and Joseph A. Wiggins of Tyner, all for 35 years; W. Earl Meiggs of Camden, 15 years.

Brunswick — J. C. Wray of Rt. 3, Tabor City, 15 years.

Crescent — T. B. Woodruff of Rt. 5, Mocksville, 15 years.

Edgecombe-Martin County — Marshall Wilson of Rt. 1, Robersonville, 20 years, and R. L. Eason of Rt. 1, Elm City, 35 years.

Pee Dee — Marion P. Ratliff of Rt. 3, Wadesboro, 15 years.

Randolph — Charles Teague of Rt. 1, Seagrove and Henry Allen of Troy, both 10 years.

Rutherford — Joseph Quinn of Rt. 3, Marion, 15 years and David McGrimsey of Rt. 7, Morganton, 25 years.

South River — Kyle Harrington of Rt. 1, Broadway, 30 years.

Wake — John M. Ferrell of Rt. 5, Durham, 20 years.



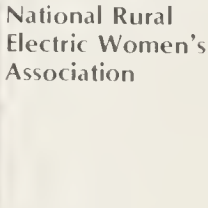
Mamie King
Chairman



Ann Williamson
Vice Chairman



Joy McCall
Director



N.C. Association of
Electric Cooperatives' Women's
Committee

National Rural
Electric Women's
Association

Two Linemen Get Life-Saving Awards

Linemen for two North Carolina rural electric cooperatives have been given special citations for emergency rescue efforts last year which saved the lives of two co-workers.

They are W. T. Pollard, a serviceman-lineman with Edgecombe-Martin County Electric Membership Corporation, Tarboro, and Jack Funderburk, a serviceman-lineman with Union Electric Membership Corporation, Monroe.

Pollard was recognized for his response in an incident near Tarboro in April, 1979, involving Don Abele of Charlotte, a field engineer with General Electric Co. The engineer was making a maintenance check of GE equipment when he made accidental contact with an energized line.

Abele was knocked to the ground, clothes afire, arms severely burned, his breathing stopped. Pollard quickly smothered the flames and administered mouth-to-mouth resuscitation. Once Abele's breathing was restored, Pollard summoned a local rescue squad with the help of a passing motorist.

Although Abele subsequently lost both arms, the rescue efforts undoubtedly saved his life.

Funderburk was cited for his assistance to William Gusler, another Union EMC serviceman, who came in contact with an energized line which had been downed. Gusler was knocked to the ground and entangled in the wire.

Funderburk, standing near the service truck, immediately sent out a call for help on the two-way radio, then rushed to help the injured man — pulling him from

the wires, extinguishing the fire on his clothing and administering mouth-to-mouth resuscitation.

Gusler suffered severe burns which later required skin grafts, but was able to return to work about six weeks later because of Funderburk's life-saving actions.

Each of the honorees received

Viverette's Accolades Just Keep Coming In

It's not at all unusual for a businessman with nearly 40 years of management experience to find himself on the receiving end of numerous honors when he decides to retire.

But, in the case of Cecil E. Viverette, who retired in February as general manager of Blue Ridge Electric Membership Corporation, Lenoir, the accolades seem to just keep right on coming in.

The deluge began when Viverette was the guest of honor at a retirement dinner given by Blue Ridge EMC, where he received a resolution from the co-op's board outlining his many accomplishments.

He also received a mahogany tray with an engraved silver plaque, which was presented by four visiting Bolivians in recognition of his work in helping establish CRE Limited, an electric cooperative in Santa Cruz, Bolivia.

Viverette was instrumental in formulating the rural electrification program in Bolivia in 1963 — a project for which he was awarded the distinguished Cross of Santa Cruz in 1977. He was the first non-citizen ever to receive the honor.

The next honor came at the 1980 Annual Meeting of the National Rural Electric Cooperative Association in New Orleans,

the N.C. Association of Electric Cooperatives' Life Saving Award. Pollard also received the President's Medal from the National Safety Council. Funderburk also received a plaque from Nationwide Insurance Co.

The awards were presented at the 1980 Annual Meeting of the statewide EMC organization.

March 2-6. Viverette was presented the NRECA International Rural Electrification Award, one of the top awards given by the national association. Viverette was recognized for his efforts in Bolivia, including the development of a training and exchange program between the Santa Cruz electric and telephone cooperatives and Blue Ridge EMC.

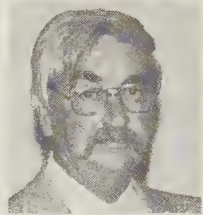
His efforts laid the groundwork which inspired other members of the co-op's staff to assist cooperatives and utilities in the "developing" countries, including Honduras, the Philippines, Indonesia and Jamaica. Viverette currently serves as project coordinator for work in Jamaica.

During the 1980 Annual Meeting of the statewide EMC organization, April 1-2, in Raleigh Viverette was cited in a resolution adopted by the organization's board of directors. He was cited for his devoted service to the rural electric program in North Carolina for four decades, as well as for his role as a founding member and former president of the statewide group.

A plaque bearing the citation was presented to Viverette during an awards ceremony.

Viverette served as the chief executive of Blue Ridge EMC for 30 years, having joined the co-op in 1948 after eight years as manager of Randolph EMC, Asheboro.

Carolina Country May 1980



Spring Cleaning

By Mabel Lassiter

With the coming of spring, we are conscious of cluttered closets and clouded windows that suggest house cleaning.

The terminology "spring cleaning" doesn't even appear in my dictionary, but you can believe that it was a most important terminology with my mother when we were growing up.

As a child, I dreaded the week Mama set aside for this once-a-year ritual, for it meant that every member of the family — including the five children — was up early each morning. At night we were so tired that we literally fell into bed, exhausted — but the job not done. Each child had his own chores and they had better be done right or we'd see Mama heading for the peach tree that was usually the source of the tender shoots she used for switches.

Mama could have organized the building of Rome, but she dealt patiently with lazy children.

Mama rose early, tied a kerchief around her head and built a fire about the black iron washtub out in the backyard. Every set of bedsprings in the house was washed down and scalded and set out in the sun to dry while cotton mattresses (there was no such thing as innerspring mattresses or box springs back in those days!) were laid flat on boards so the full strength of the sun could penetrate the ticking and fluff up the cotton.

Kerosene was poured into a soapy mixture to wash window panes. I never heard of any solution made solely for washing windows, for Windex and its numerous contemporaries had not yet found their places on the grocery store shelves. We owned no storm windows or doors, but the glass panes became most invisible beneath an application of the kerosene solution. No streaks were allowed, and



Mama saw to it that we rubbed with soft cotton rags until every blimish, every blur disappeared from the glass surfaces.

The floors and walls of the house were swept severely and often washed down, for no carpets were found in our house except in the living room where a heavy wool rug shrouded the painted wooden floor.

Wooden bedsteads and railings were dusted before being carried back inside and put up for the night. My father saw to it that Mama's heavy clotheslines were strong and taut, and on these house cleaning days, the lines were put through severe stress tests. Every patchwork quilt, bedspread and blanket was thrown in orderly fashion across the lines, whipping, tossing and flapping in the spring breezes like a colorful Monday morning wash.

House cleaning was so exciting that it required several days to clean the entire two-story house, but at the end clean it was! The bed covers smelled sweet — and the mattresses underneath were almost sterile.

Maybe it was because we were tired and exhausted, but somehow as I reflect on those days of my childhood, I recall that my sleep was relaxed and undisturbed, sound and peaceful in the two-story house — where even the clean window panes gave notice that light could not shine through more clearly.



Mabel S. Lassiter is a Burlington free lance writer.
Illustrations by Jane Eastwood of Durham.

Fashion Favorites



9346
8-20

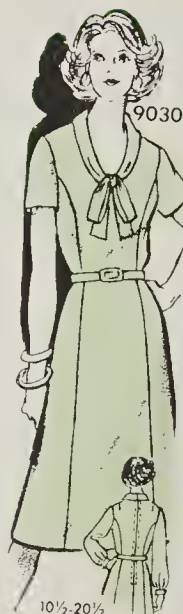


9022

SIZES 10½-18½



9406
SIZES 34-48



9030

10½-20½



9337 SIZES 8-18

Pattern No. 9346 is cut in Misses sizes 8, 10, 12, 14, 16, 18 and 20.
Pattern No. 9022 is cut in Half sizes 10½, 12½, 14½, 16½ and 18½.
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Send \$1.75 in cash (no stamps) for each pattern to: **CAROLINA COUNTRY**, Box 42, Old Chelsea Station, New York, NY 10011. Add 50¢ for first class mail and special handling. Be sure to include your full address, zip code and pattern size.

Country Kitchen



RHUBARB PIE

When Mrs. Clemmie Wilcox sent us this recipe, her part of the state was buried under a six-inch snow, but she had springtime on her mind. "It will soon be rhubarb time in the South," she wrote, and her recipe for Rhubarb Pie is a perfect way to celebrate the coming of warm weather and fresh fruits and vegetables from the garden. It's also a delightful dessert to make for the many picnics and other outdoor activities that we all enjoy in May and June.

COUNTRY KITCHEN RECIPE

Submitted by Mrs. Clemmie Wilcox of West Jefferson

RHUBARB PIE

- | | |
|---------------------------|-------------------------------------|
| 1 9-in. unbaked pie shell | 3 Tbl. milk |
| 3 Tbl. flour | ¼ tsp. salt |
| 1 C. sugar | 2 C. rhubarb, cut into small pieces |
| 2 eggs, beaten | |

Spread rhubarb in pie shell. Mix flour, sugar and salt. Add beaten eggs and milk. Mix well and pour over rhubarb. Bake for 10 minutes in a 400° oven. Reduce heat to 350° for 30 to 35 more minutes.

If you would like to share a recipe with this column, send it to: **COUNTRY KITCHEN**, P.O. Box 27306, Raleigh, NC 27611. We pay \$5 for published recipes.

Do Your Own Thing



Plant Some Plywood

Watch this plywood plant grow on you! Here's a really unusual decorator item. It makes a perfect centerpiece for the kitchen or dining room table. In fact, it's a conversation piece in any room or the patio.

The one pictured here was done in a vivid lemon yellow, chartreuse, lime green and white. However, you can choose whatever color scheme goes best with the room. Brilliant colors will help the plant's role as an accent piece. You can twist the leaves and blossoms to any angle you desire.

And here's good news for those apartment and home dwellers who don't own a saw. Just trace the pattern designs onto some 1/4" scrap plywood and take them to your local lumber yard or cabinet shop... most will cut the designs out for you at a very slight fee. Also, an inexpensive dime store coping saw will easily do the job. The rest is so easy with these detailed step-by-step pictures and instructions.

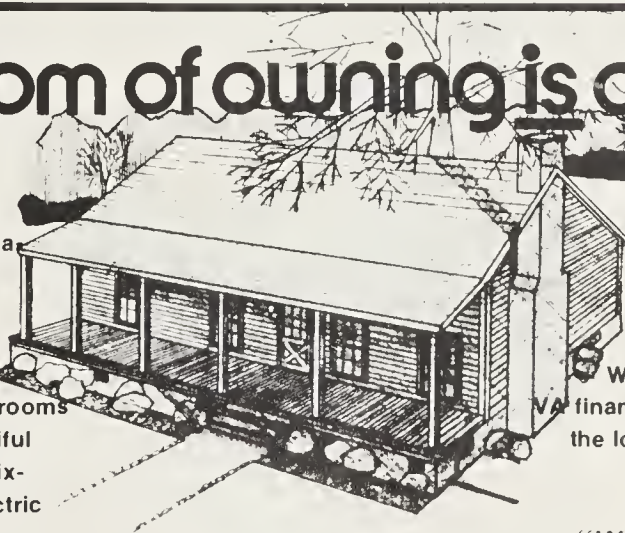
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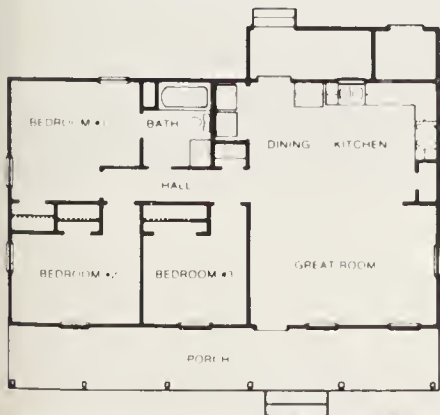


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IF DRAFT REGISTRATION IS REINSTATED BY THE GOVERNMENT, SHOULD WOMEN HAVE TO REGISTER? WHY OR WHY NOT?

I feel the answer to that question is no. Many women try to pretend to be someone they're not. Some women try to keep up with the men, which is very hard to do. But there are some things that a woman could do as well as men, but as far as war is concerned, a woman should be in a woman's place which is home. But if a woman should decide to go to war, let that be her decision and no one else's.

Bonnie Brantley
Halifax

Bonnie is an eighth grader at Baker's Elementary School and enjoys roller skating, meditating, dancing and reading. She and her parents, Mr. and Mrs. George L. Brantley, are served by Halifax EMC, Enfield.

If the draft is reinstated, I feel women should register to fight. There are a lot of women now serving in the Armed Forces under the volunteer program, and they are doing an excellent job. Women from other countries now fight in combat zones. Also, if women are given equal rights to fight, then maybe ERA can pass.

Cynthia Meredith
Ivanhoe

Cynthia is a ninth grader at Atkinson Junior High School and enjoys reading, singing, crossword puzzles and listening to music. She and her mother, Mrs. Mary Meredith, are served by Four County EMC, Burgaw

Many people are of the opinion that, since women want to be considered equal to men, they should have to fight on the combat lines just like men. However, this is simply not economically possible. The U.S. Army has found after years of experience that the majority of women cannot accomplish what men can. Many times this is caused by physical differences over which women

have no control. Were the Armed Forces required to enlist women for front-line combat duty, they would be forced to fund an extensive physical training program as well as having to redesign its uniforms to fit closer the female physique, all of which will cost a great deal of money, time and effort.

On the other hand, women can perform admirably many of the jobs that need to be done behind the battlefield. These jobs can include: clerks, secretaries and other administrative posts, mechanics, pilots, technicians, military police, cooks, etc. Women have a place in the Armed Forces but it is behind the lines and not in the thick of fighting to which they are totally unsuited.

Bobby Ray Doughtie, Jr.
Tarboro

Bobby is a sophomore at Tarboro High School and enjoys collecting current military

information and writing on political themes. He and his parents, Mr. and Mrs. Bobby Doughtie Sr., are served by Edgecombe-Martin EMC, Tarboro.

NEXT QUESTION: What could President Carter have done differently in handling the Iranian Crisis to obtain release of the hostages?

If you have a good answer, send it to **YOUTH FORUM**, Carolina Country, P.O. Box 27306, Raleigh, NC 27611 immediately. Tell us a few facts about yourself—you age, school, hobbies, etc. Include your parents' name and the name of the electric membership corporation serving you. If your answer is published, we will send you \$5. If you want to submit a question, send it along and for each one used, the sender will receive a \$5 check.



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LEFT — The Governor's Inn, a popular hotel complex in the Research Triangle Park, features stone rip-rap along a streambank and lush grass cover to provide natural beauty and site protection. **BELOW** — The park's modernistic Burroughs Wellcome research facility also has a careful landscape plan, which was carried out with the assistance of the Soil Conservation Service.



RTP's Scenic Beauty Didn't Just Happen

People from all parts of the world have been impressed by North Carolina's Research Triangle Park.

Some are impressed by the fact that the research facility lies in what once was open country bounded by three nationally known universities — North Carolina State University at Raleigh, the University of North Carolina at Chapel Hill, and Duke University at Durham, all near the "Triangle."

Others are impressed by the business firms and governmental agencies that have established modern research facilities within the Triangle.

But very few fail to comment on the fact that the 5,400-acre site of the Research Triangle is a scene of great natural beauty, with rolling lawns, many trees and shrubs in between the attractive buildings, and landscaping that comes right down to the edge of roads and walkways.

This didn't just happen.

From the beginning, the Triangle was planned as an attractive location

where fertile minds, using modern equipment and techniques, could come up with ideas and discoveries useful to mankind.

So from the beginning the USDA-Soil Conservation Service was called in to provide technical assistance, including conservation measures that would prevent erosion and provide a scene of natural beauty.

The advice and assistance of one individual stands out in the process.

For years Robert S. Tennant served

as district conservationist at Durham, in charge of SCS activities in Durham County, which includes the Research Triangle. Although he has now transferred to neighboring Orange County, "Bob" Tennant keeps the same interest in the Triangle that has won him praise from all those visitors coming into the facility.

Specifically, Bob Tennant has helped the Research Triangle with comprehensive erosion control plans for each new client, including plans for each new client, including planting recommendations for grasses, trees and shrubbery around their site, and has given them step-by-step procedures to insure success.

A number of tested conservation techniques, similar to those used on farms in the rolling Piedmont terrain, have been utilized. Sediment basins have caught run-off water that sometimes contained silt.

Diversions to control water, sediment ponds, dams made of stone, and such temporary measures as brush barriers and burlap sediment fences have all proved useful.

Follow-up advice on maintenance is another important part of the "package" provided at no cost to firms within the Research Triangle.

The results can easily be seen by passing motorists. A harmonious blend of buildings and trees, stone "rip-rap" and grass, shrubs and flowers greet them on every hand.

All this is a living monument to Bob Tennant, who refused to let even a job transfer get in the way of his seeing this project through.

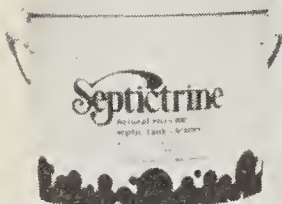
Janet Hunter, center and Pam Howard, employees of the International Fertility Research Program, enjoy working amid beautiful ground prepared through an environmental conservation plan. They're talking with Robert S. Tennant, who has provided conservation assistance to the Research Triangle Park for years. The three are in front of the fertility research facility.



Text and photos by Frank Jeter Jr. public information officer for USDA-Soil Conservation Service in North Carolina.

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JOHN 14:6 "JESUS SAITH UNTO HIM, I AM THE WAY, THE TRUTH, AND THE LIFE: NO MAN COMETH UNTO THE FATHER, BUT BY ME."

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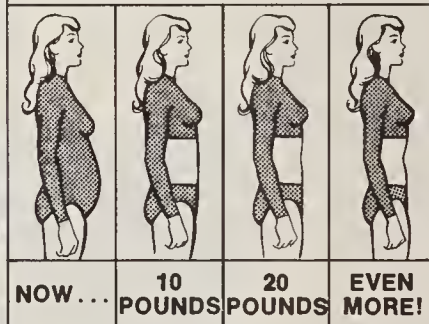
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- Controls waistline, tummy, supports back

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Now you can look in your mirror and see a sleeker silhouette the very instant you put it on! Power-slim gives you real control, helps deflate that spare tire, flatten unsightly tummy bulge, smooth out rolls, because it fits you "like a glove" from the very first day — keeps on fitting perfectly as you slim down!

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Now! REDUCE WHILE YOU SLEEP and... WAKE UP TOMORROW MORNING up to **8 POUNDS THINNER** to **7 1/2 INCHES SLIMMER** without diets, drugs or exercisers!

Presenting SLUMBERTRIM™ sensational night-time reducing garment that *automatically* **slims you while you sleep.** So effective you trim down 10 times faster than leading crash diets!

Here's sensational reducing news! Science has developed the fastest, easiest way to slash pounds and trim inches (up to 10 times faster than even the leading crash diets). So simple, so easy—you do it *while you sleep.*

That's right! They've developed a night-time reducing garment that works with such amazing speed and effectiveness you **actually wake up the next morning up to an amazing 8 pounds lighter . . . up to an incredible 7 1/2 inches slimmer overall**—without diets (or changing your normal eating habits), without dangerous drugs, or exhausting exercises.

Called SLUMBERTRIM, this amazingly effective reducing garment *automatically shrinks inches and reduces pounds* by shedding excess fluid from waist, hips, thighs, tummy and derriere.

Here's how easy it is to reduce:

Go to bed. Enjoy a refreshing night's sleep—and *actually wake up the very next morning up to a full belt notch lighter*—up to a dress size or two *slimmer* without skipping meals, without having punished yourself with insane, rigid systems, without going about frustrated and depressed for days or even weeks on end. All the difficult "skinnying-down" has been done for you while you slept.

Dramatic Consumer Study Shows Slumbertrim Reduces You 10 Times Faster, 10 Times Easier Than Fastest Crash Diets

So effective is SLUMBERTRIM's automatic weight-loss action that, when checked by an independent testing laboratory, a consumer panel of both men and women enjoyed both inch and fluid losses 10 times faster, 10 times easier than the leading crash diet. Subjects who never counted a calorie, (much less starved or exercised), reported dramatic overnight results. To give you an idea of SLUMBERTRIM's automatic inch and fluid reducing effectiveness, here are a few of the results taken from this startling report:

Panelist 17:
8 POUNDS LOST OVERNIGHT

Panelist 6:
3 POUNDS LOST OVERNIGHT

Panelist 18:
3 POUNDS LOST OVERNIGHT

(Average loss for all panelists participating:
4.9 POUNDS OVERALL.)

The delighted panelists absolutely adored SLUMBERTRIM's fabulous results. Here's why.

The leading crash diets (that require lots of effort and even more starving) claim you lose up to a dress size within 7 to 10 days. SLUMBERTRIM's study showed that you *needn't suffer that length of time. Instead, quickly, easily, temporarily trim inches, reduce fluid during just one night's wear . . . or even less.*

**More Inches Gone In One Evening
Than Days Or Weeks Of Endless Suffering
With Ordinary Slimming Methods**

It's true. You can lose more inches and fluid in one evening than with days (or even weeks) of ordinary reducing methods. To give you a clearer picture of SLUMBERTRIM's amazing reducing effectiveness, here are *inch losses recorded after just one evening's wear:*

SLUMBERTRIM OVERNIGHT LOSSES

Panelist 17:
7 1/2 INCHES SLIMMER
(Stomach 3 1/2", Hips 1 1/2", Thighs 2 1/2")

Panelist 18:
5 1/2 INCHES SLIMMER
(Stomach 1", Waist 2", Hips 1 1/2", Thighs 1")

Panelist 15:
2 1/2 INCHES SLIMMER
(Stomach 1", Waist 1/2", Hips 1")
(Average overnight losses: **OVER 6.4 INCHES**
and **4.9 POUNDS** per panelist participating.)

And that's just the start.
After only 5 evenings, here
are even more amazing
results recorded on thrilled
and delighted panelists:

SLUMBERTRIM— AVERAGE LOSSES AFTER 5 NIGHTS

WEIGHT LOSS: 7.7 POUNDS

| | |
|-------------------|------------|
| Stomach Inch Loss | 4.2 INCHES |
| Hip Inch Loss | 1.9 INCHES |
| Waist Inch Loss | 2.5 INCHES |
| Thigh Inch Loss | 2.0 INCHES |

Total Average Inch Loss 10.6 INCHES

**9 OUT OF EVERY 10
PANELISTS TESTED
LOST INCHES OR POUNDS**

**Automatically Shrinks "Mid-Section"
Helps You Wake Up The Next Morning
Pounds Lighter And Inches Slimmer**

SLUMBERTRIM's special design creates a "thermal-sauna-like" effect. It gently (and automatically) stimulates your midsection (where garment is worn) into releasing fluid from thighs, hips, tummy, waist, etc.

THE RESULT: down comes the bloat, down comes the bulk . . . as you wake up the very next morning up to a dress size or two smaller—a belt notch or two slimmer—and pounds lighter on your scale! Yes SLUMBERTRIM's the ideal temporary way to super-fast inch losses by using it periodically when you want to shrink tummy, hips, thighs, etc., without the rigors of diets, without the dangers of drugs. In a word, you wake up *shaplier!*

It works in only a fraction of the usual reducing time, and it's a thousand times more fun. So, we come to this very important question:

**Why Kill Yourself With Brutal Exercises . . .
Why Strain With Punishing Diets,
When You Can Enjoy
Dramatic Inch Losses Overnight?**

Naturally how much you lose depends on your own physiology. Losses vary from individual to in-

dividual; no two people will ever lose exactly alike as the study revealed. Some will enjoy greater than average reductions . . . others somewhat less. But SLUMBERTRIM PROMISES YOU THESE IMPORTANT BENEFITS: 1) You will thrill to overnight losses without brutal exercises, without punishing regimen, 2) You will lose girth and inches faster than with any of the so-called "fast-methods", 3) You are UNCONDITIONALLY GUARANTEED RESULTS OR YOUR MONEY BACK.

**Be Slimmer, Trimmer, Shaplier
Overnight—Results Guaranteed—
Or It Costs You Nothing!**

Try this amazing night time reducing garment entirely without risk! You prove every lost pound, test every lost inch in the privacy of your home without risking one single penny.

Send for SLUMBERTRIM today. If you don't lose pounds overnight, if you don't shrink down inches overnight from waist, thighs, hips, tummy, derriere, etc.—without diets, drugs or exercises—then you've risked nothing.

Yes, SLUMBERTRIM must please and delight you every way; must trim pounds, reduce inches *effortlessly and automatically* or return anytime within 21 days for a full refund of your purchase price (less only postage & handling charges).

No questions asked, ever.

You are the sole judge.

So why be uncomfortable

and unhappy another day

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makes slimming so

simple, so easy.

Remember: total

satisfaction is

guaranteed or

your money back.

What could be

fairer?

Use the No-Risk

Coupon.

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WORKS SO FAST—
YOU WAKE UP
TOMORROW
MORNING UP TO
8 POUNDS LIGHTER,
7 1/2 INCHES SLIMMER
... WITHOUT DRUGS,
DIETS OR DEVICES!**

**SATISFACTION GUARANTEED
OR MONEY BACK**

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Yes, I'd like to reduce while I sleep and wake up tomorrow morning pounds and inches lighter. Please rush me SLUMBERTRIM(s) checked below. You guarantee that I must be pleased and delighted in every way or I'll return anytime within 21 days for a full refund of my purchase price (less only postage and handling costs).

☐ (#001) 1 SLUMBERTRIM only \$14.95 plus 90¢ post-age and handling.
☐ (#002) 2 SLUMBERTRIMS only \$28.95 plus \$1.50 postage and handling.

My present waist measurement is _____
Amount enclosed \$_____ (NY residents please add sales tax.) No C.O.D.'s please.

CHARGE IT! ☐ VISA (BankAmericard) Exp. _____
☐ Master Charge Date: _____

Credit Card # _____

Name _____

Address _____

City _____ State _____ Zip # _____

An Oasis In The Wilderness

Nestled in the woodlands of the Blue Ridge Mountains is a place where a lot of folks are going for excitement — or to simply get away from it all.

Promoters say it has “the best of both worlds,” and they’re trying hard to live up to that description, as they speed development of a multi-million-dollar oasis in the wilderness called “Green Mountain Resort.”

It began in 1968 as a typical camping area and operated that way until a couple of years ago when developer Joel Dimmette, a Lenoir businessman, decided to turn it into a “luxury family camping resort,” and he began by building indoor and outdoor swimming pools, tennis courts, game rooms, lodge buildings, stocked fishing lakes and ponds and a list of other facilities. More, including a small golf course, are planned. Along with this, Dimmette added fancy campsites complete with water, electricity and sewage disposal.

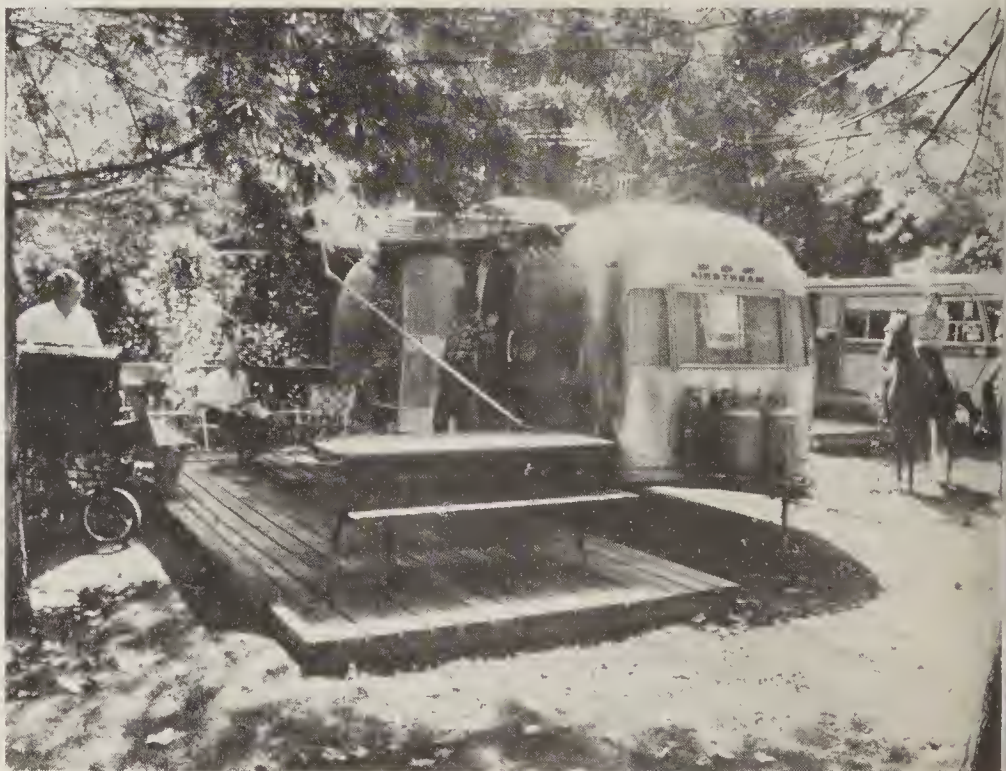
When construction is completed, the site will have room for 800 camping vehicles and hundreds of campers.

The resort, located three miles north of Lenoir, takes up 450 acres of an 1,100-acre tract in the wilderness — the remaining acreage can be used for hiking, horseback riding and back-packing.

“Some people come out here and just aren’t aware Green Mountain has facilities like this,”

said Frank Bolick, marketing director. “And the gas thing has hurt us. It’s really helped us. We close in and people can get to us.”

When the concept of the grounds changed, so did the rules governing who can use them. Now, it is being operated under “shared-time” membership principles, which means



prospective campers must join as if it were a camping club. The \$4,250 membership fee, which is slated to go up again soon, and the \$8 monthly maintenance fee have frightened some campers off, but Bolick says developers expect a membership boom over the next couple of years as more and more "serious" campers decide to join.

Members are guaranteed 12 weeks of camping each year along with a vote in how the resort is operated. It isn't even necessary to have a camping vehicle. They can be rented on-site for a small fee.

For those who come for excitement, the resort will have a full-time activities director this summer to coordinate such activities as tournaments in rook, backgammon, checkers, tennis and other games and sports. Dances, cook-outs and camper talent and "Gong" shows will be a regular, and there's even going to be a Green Mountain olympics. Professional craftsmen will be on hand throughout the year to teach their crafts to campers, and a county fair, of sorts, is scheduled for fall.

"We feel we have a lot to offer," Bolick said.

Green Mountain Resort, which is served by Blue Ridge Electric Membership Corporation, Lenoir, is situated near several other mountain attractions, including Grandfather Mountain, Blowing Rock and Tweetsie Railroad.

The idea for turning a camping ground into a resort did not originate with developers here. It's been happening all over the country for years, especially on the West Coast. And Bolick said that fact is a bonus for members, because Green Mountain Resort officials have agreements with several similar resorts to share one another's memberships. As a result, members of one camping resort can visit the others for part of their "shared-time," at no addition cost.

The entertainment and excitement is available almost nonstop, he said, but it still offers attractions for those folks who just want to relax and pick wild mountain flowers.



THE HANDICAPPED MAILBAG

By Bette Elliott
Bill Kiser News Service

A New Way To Talk

The first word Ricky Creech ever said was "Jesus."

He was 23 years old.

Ricky still can't talk on his own, but a whole new world has opened to him since he started conversing with friends and family—through his computer.

He taps out programmed words and syllables with a stick attached to a strap around his head. The computer voice, flat and male in timbre, is Ricky's surrogate, his communicator and friend.

"I'm no longer a prisoner of silence," Ricky tapped out for a visitor.

The cerebral palsy that silenced him since birth — and that keeps him in an electric wheelchair — will always be a fact of life for him. But he's living proof that cerebral palsied people are not retarded. A birth injury that causes electric impulses to the brain to go haywire, is an over-simplified definition of the problem.

Though Ricky can't speak, walk, or use his hands, he made the highest high school equivalency test score in the history of Central Carolina Technical Institute. He's now attending St. Andrews College as a psychology major.

Ricky's parents, Rev. and Mrs. Joe Creech, spend hours each day teaching him through the help of a correspondence course. He got through elementary school in a little room in his father's pastorate, North Clinton Avenue Baptist Church in Dunn. He had learned to type on a special typewriter when he was a five-year-old in Durham's Cerebral Hospital. A voracious reader, Ricky was mostly self-taught through his high school years.

In his den in the family's home near Siler City, he has a special desk with his typewriter, hi fi, radio, books — and the instrument which now serves as his voice.

He's the computer company's prize student, teaching himself hundreds of short cuts to broaden his world. The word "Jesus" is not programmed into the computer, but Ricky worked it out on his own.

Several months ago, Ricky was guest preacher at the Dunn church's Homecoming Sunday. He sat in his wheelchair while the computer voice talked about a world church.

"Everything has changed for me," he said later. "I can now express my feelings with words."

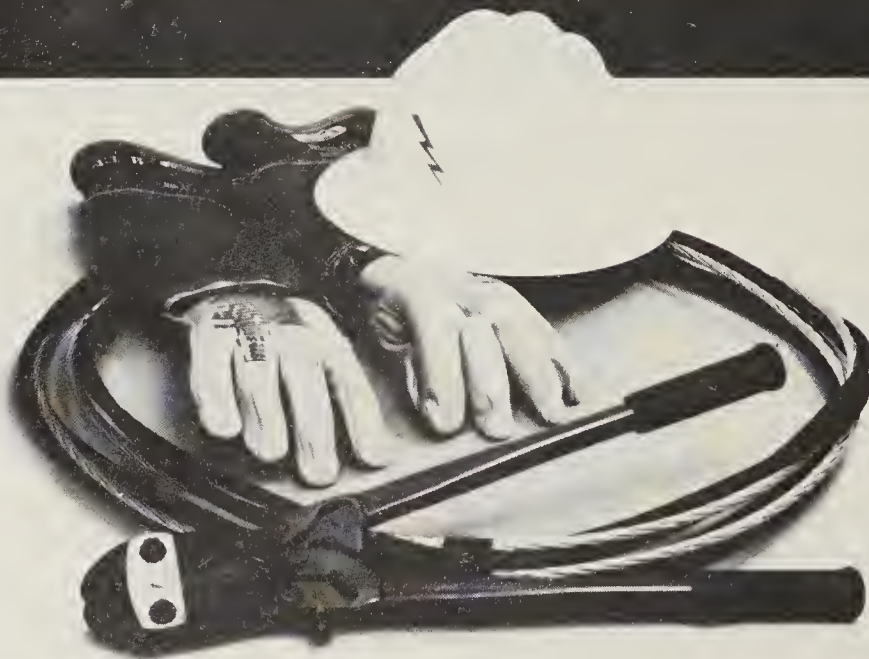
Prize-Winning Tip

A \$10 prize for the best helpful tip for the handicapped goes to Mrs. S. R. Croom, Sr. of Route 1, Currie, who had this safety suggestion:

"My husband was an invalid for years. My hometown fire department (Wilmington) had stickers to put on our front door and the window to my husband's bedroom. In case of fire, the firemen could see the door sticker and immediately find the window with an identical sticker on it. In this way, my husband could have been rescued right away. We always felt safer after the stickers were put on our house. It would be a good idea if all fire departments would use this method of 'safety first' for the handicapped."

This column offers \$10 for the most helpful tips and projects designed to help handicapped people lead more independent and happier lives. Send them to Handicapped Mailbag, P.O. Box 126, Raleigh, N.C. 27602.)

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Nuclear Cartoon Should Have Included Blinders

I, too, should like to protest your stereotyping of members of the anti-nuclear movement in your November 1979, issue. The artist should have included blinders.

For the problem is: many anti-nuclear people see only the dangers of nuclear power and none of the hazards of the alternative sources. Unfortunately, the nuclear industry is responsible in part for this by continuously spouting "There ain't no risk". The sad fact is there is risk associated with nuclear technology, new or old, and the real question is whether the risk can be intelligently managed.

Opposes Nuclear Alternatives

I, for one, do not wish to give up living in a clear and beautiful environment by pursuing any of the proposed alternative sources of nuclear power. For example, coal let's ignore, for the moment, mine deaths, because they are traditional crushings, suffocations, and burnings we can all accept. Let's also ignore the beautiful strip mines because they will be refilled. Also, we can ignore black lung, and sulphur ash, acid rain and smoke pollution because technology will save us. We can also ignore the greater cancer risk from radionuclides emitted by coal plants (which EPA rates 13 to 111 times more dangerous than nuclear) because Jane Fonda says it does exist.

Which leaves the primary combustion products, water and carbon dioxide. Water isn't a problem. Carbon dioxide is. Unlike nuclear waste, which has small physical size and is highly concentrated, easily collected, and after 100 years of proper containment, is about as hazardous as its original ore; carbon dioxide is blithely disgorged into the atmosphere where it accumulates unrecoverable by man. Experts differ in its climatic effect. Some predict an ice age, others a hothouse. No one predicts no change. So, by burning fossil fuels, we may bring back the dinosaur, or the woolly mammoth, to your choice.

Other alternate sources also have problems: 1) solar takes farmland and

Carolina Country May 1980

as thermal cycling problems, 2) water kills snail darters, 3) wood uses farmland, and stinks up the neighborhood.

In fact, there is only one risk-free alternative — conservation. Until we can all do without centrally-generated electric power, we must 1) replace all large fossil fuel-fired plants with nuclear installations, and 2) get on with the political, not technical, problem of nuclear waste disposal. Our future, and the future of all species sharing the environment, demand it.

Don Shiffler
Kinston

Native Wildflowers Being Endangered

Please think a few moments about an issue that is causing me much concern. Our native wildflowers are being dug up and sold to nurseries, who in turn sell them to people who do not plant them correctly — or the power is such that it will not survive out of its native habitat. The reason I'm writing to you is that in the March, 1980, issue of *Carolina Country*, there was an ad on Page 23 that offers such wildflowers for sale. The ad plainly states they are collected from the wild — not grown in the nursery. The lady who offered for sale is almost impossible to transplant.

If this is allowed to continue, our mountains will soon be barren of flowers. We should be working to protect the flowers instead of encouraging people to buy them. I know this may seem a very small matter, but it is important to keep all the native flora of our mountains. We have the most — and the most beautiful of any plant in the U.S.

Gladys Clark
Rt. 1, Hudson

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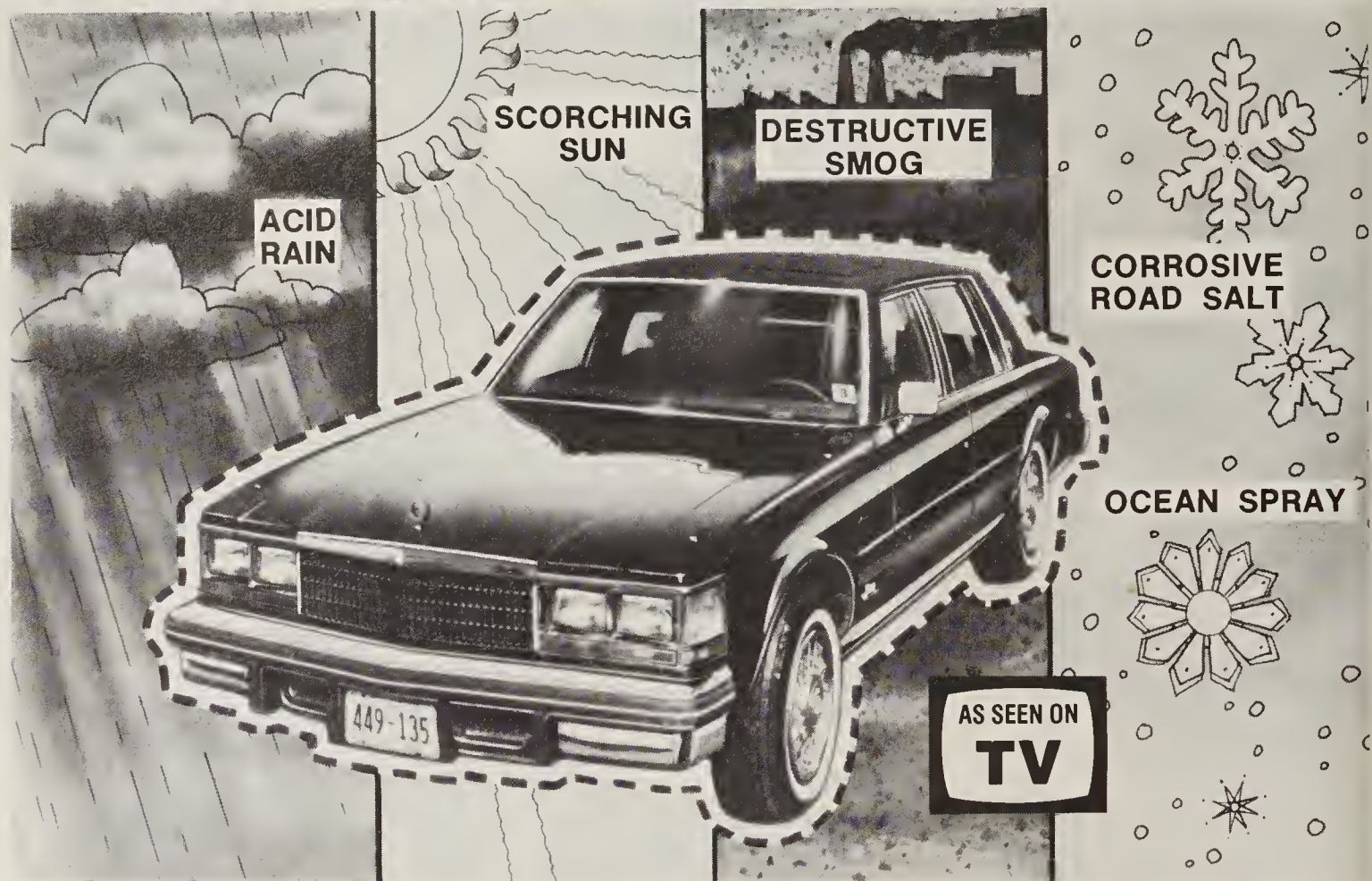
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Cost of Home Energy Use Doubles

Energy costs as a percentage of operating costs for private homes have almost doubled over the past six years, according to Dr. Michael L. Walden, economist in consumer education, North Carolina Agricultural Extension Service.

Overall, he said, energy use in residences accounts for 20 percent of total U.S. energy consumption. This means that savings in home energy use can make a big difference in the nation's total energy bill.

Within the home, approximately 53 percent of the energy is used for space heating, 14 percent for water heating, 5 percent for air conditioning, 5 percent for refrigeration, and 21 percent for appliances, lighting and other uses.

Walden said reducing residential energy use can be approached in three ways.

One is conservation. This includes keeping thermostat settings lower in winter and higher in summer, reducing lighting, and reducing use of appliances.

A second way is to convert to more cost-efficient energy technology, particularly for home heating. At current prices and heating system efficiencies, natural gas is the least costly per 100,000 British thermal units (Btu's) of heat output (46 cents), followed by an airtight woodstove burning oak (54 cents), the air to air heat pump (60 cents), oil (76 cents), and electric resistance heat (\$1.20).

"Currently, therefore, homeowners have an incentive to convert to natural gas and woodstoves, or to heat pumps where supplies of gas and wood are limited," Walden said.

He added that conversion of a heating system requires a large initial monetary investment (\$1,000 to \$3,000 for the average size home) which may not be recovered for perhaps 10 to 15 years. Also, conversion involves an element of risk in that relative energy prices may change over a period of time and make the conversion unprofitable.

The third way to reduce residential energy costs, specifically space heating costs, is to increase the thermal efficiency of the residential structure, Walden said.

This, he said, involves increasing

insulation, installing storm windows and doors, and applying weatherstripping and caulking.

"It is estimated that if simple insulation packages of these materials were installed in 20 million poorly insulated homes nationwide, total energy use in residences would be cut

by one-fourth," the economist said.

Before making any thermal efficiency improvements, the homeowner should estimate the potential savings derived from the improvement and compare the savings to the estimated cost, Walden said.

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Energy Crisis Considered A Tactic

A big part of the country's energy problem is that Americans don't believe there is an energy problem, Sen. Russell Long (D.-La.), told delegates to the 38th annual meeting of the National Rural Electric Cooperative Association (NRECA) in New Orleans.

"The energy crisis has had more to do with runaway inflation than any single factor," said the chairman of the Senate Finance Committee. "But a large percentage of the American people are not convinced the crisis is real."

Long said many Americans see the energy crisis as an oil industry tactic to increase profits. The result, he said, is that solutions have to answer political as well as energy problems.

Long praised the cooperative leaders for their methods of supplying electricity to rural America, and promised he would help them in their efforts.

"One way or the other, insofar as it is within my power, I'm going to help you find the money you need to build those new generating plants you need," Long said.

Problems To Get Worse

Another speaker, former Energy Secretary James Schlesinger, said America's energy-related problems are likely to get worse before they get better.

He said that because Americans tend to take extreme measures only in the face of a crisis, "I fear we are going to have to suffer some economic distress before there is a solution to this (energy) problem."

Schlesinger described a gloomy future resulting from problems of energy supplies, but the story he told had an upbeat ending.

World oil supplies are rapidly running out, he said, raising energy prices, and increasing unemployment and inflation, while Washington policy makers take little action to clear the tangle of regulations blocking the way out of the energy dilemma.

"It is the energy problem that underlies the problems of the economy," Schlesinger said. "Under the best of circumstances, conditions will be difficult."

But he said he was optimistic

American resiliency and intelligence would bring the country into a new energy phase, which will require much more use of coal and nuclear plants and heavy conservation, to replace the declining oil stores.

Resolutions Adopted

Delegates to the March meeting adopted more than 90 resolutions establishing policy for the organization. Among the policy statements were resolutions which:

- Called upon the membership to mount a massive communications effort with their members and the public to reassert the cooperatives' leadership in speaking for consumers of electric power.

- Pledged support for weatherization and conservation programs to assist their consumers in reducing use of electricity, and sought Congress's and the Rural Electrification Administration administrator's help in meeting financial problems caused by loss of income resulting from reduced power sales.

- Asked that appropriate social service agencies assist poor people with paying energy bills, and rejected the "lifeline rate" concept as unacceptable. (One of the complaints with lifeline rates was that they do not accurately identify consumers most in need of financial assistance.)

- Criticized energy conservation policies on the price of power, which "imposes unfair burdens on fixed and low income people and adds fuel to the fires of inflation."

- Endorsed legislation which would prohibit the Internal Revenue Service from taxing the modest income received by rural electric cooperatives from allowing telephone companies to share their utilities poles.

- Criticized the Environmental Protection Agency for proposing a ban or restriction on the use of wood preservatives in power poles which would require the replacement of more than 30-million poles at a capital cost of \$12 billion.

- Appealed for restraint in regulation and red tape "which strangle private initiative to expand and improve our production capabilities."

- Condemned government regulations by "various agencies which go far beyond Congress' original intent as stipulated in environmental legislation designed to protect the public health and welfare. "Related costs," the association declared, "are horrendous."

- Urged rapid completion of 12 nuclear plants now under construction and additional units, construction of the liquid metal fast breeder reactor, and a simplification of the nuclear licensing program.

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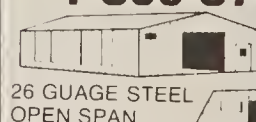
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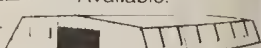
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reported his credit cards missing."

Two buddies were walking home from school. "What should we do tonight?" asked the first.


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FAYETTEVILLE
919/323-5991

Located at 1813 Clinton
Rd. Highway 24 East of City
Limit Sign.

MOREHEAD CITY
919/726-5297

Call for directions.

**FOR MORE INFORMATION MAIL THIS COUPON TO
AMERICAN FAMILY HOMES, P.O. Box 220609, Charlotte, N.C. 28222**

Name _____ Phone _____

Street _____

City _____ State _____ Zip _____

I own a lot? YES ☐ NO ☐ Located in _____ (City or County) CC-5-80

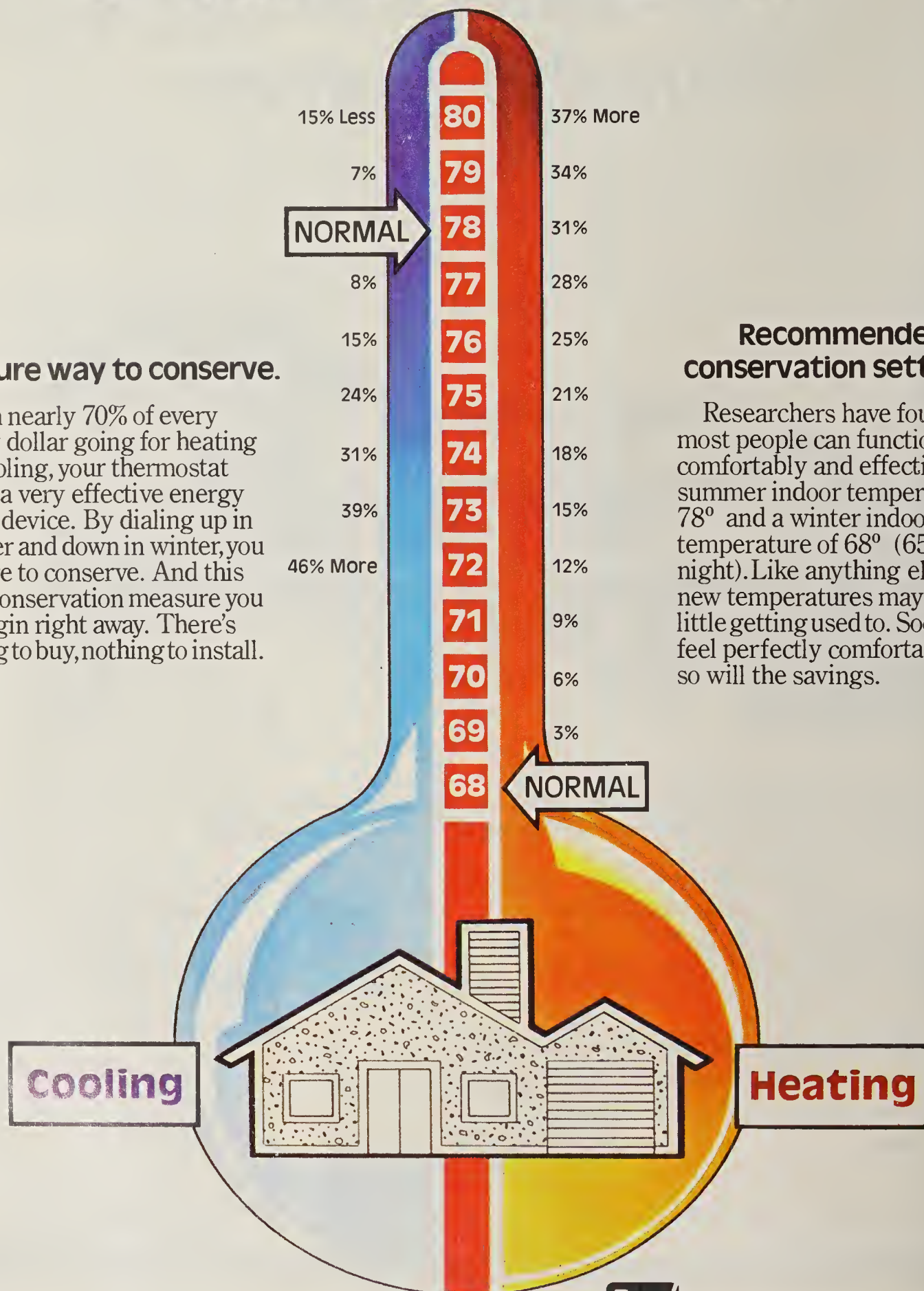
If you figure your thermostat setting doesn't matter much check these figures:

The sure way to conserve.

With nearly 70% of every energy dollar going for heating and cooling, your thermostat can be a very effective energy saving device. By dialing up in summer and down in winter, you are sure to conserve. And this is one conservation measure you can begin right away. There's nothing to buy, nothing to install.

Recommended conservation settings.

Researchers have found that most people can function comfortably and effectively at a summer indoor temperature of 78° and a winter indoor temperature of 68° (65° at night). Like anything else, these new temperatures may take a little getting used to. Soon they'll feel perfectly comfortable and so will the savings.



We're All In This Together.

